

20th May 2026

Dear Parent/Carer,

Within First Level of Curriculum for Excellence, children cover a range of topics as part of the Health and Wellbeing curriculum. Before the end of term, we will discuss the following topics:

- My Body (in these lessons we will be teaching the anatomically correct names for body parts. Please see the RSHP website for more information).
- Privacy
- Friends and friendship
- Looking After Plants and Animals
- People who help and look after me
- Online Safety

All of the lessons we will cover can be found here: <https://rshp.scot/first-level/>
Please take some time to look over the lessons and resources we will be using. Some lessons may be adapted. In class, we will encourage respectful conversations and discussions.

Please see the attached information. If you have any questions, please do not hesitate to get in touch.

Many thanks,

Mrs Dobie

Class Teacher

