

4<sup>th</sup> March 2026

Dear Parents and Carers

### **P5a and P5b Learn To Swim Plus Assessment**

We are writing to inform you that our **P5a and P5b** classes will be participating in an assessment for the **Learn to Swim Plus** program at **WCHS** on **Monday, 20th April**. The Learn to Swim Plus program, developed by Xcite @ West Lothian Leisure in partnership with West Lothian Council, is aligned with the Scottish Swimming National Framework. It is designed to help children improve their knowledge, water confidence, and awareness while learning essential safety skills. This upcoming session is an assessment to track pupil progress within that program.

Full details regarding the logistics of the day can be found in the attachment to this letter.

Please ensure your P5 child brings the following to school on Monday, 20th April:

- **Appropriate swimming costume or trunks**
- **Goggles (if necessary for your child)**
- **A towel**

For your child to take part in this assessment, we require a completed EE2 consent form. Please complete the form by 20<sup>th</sup> April using one of the following methods:

- **If you are a Parent Portal user:** Please log in and complete the electronic EE2 form.
- **If you do not use the Parent Portal:** We have enclosed a paper EE2 form with this letter. Please complete, sign, and return it to the school office.

If you have any questions regarding the assessment, please do not hesitate to contact the school office.

Kind regards,



Louise Delargy  
Head Teacher

# Learn To Swim Plus

## What is Learn to Swim Plus

Xcite @ West Lothian Leisure has developed the Learn to Swim Plus programme in partnership with its main funding partner, West Lothian Council. The model for delivery is aligned with Scottish Swimming's National Framework and ensures that all children within West Lothian primary schools are offered the opportunity to improve their knowledge, confidence, and awareness in the water whilst also learning basic safety skills.

We believe learning to swim is a life skill every child should be given fair and equitable access to, therefore our aim at Xcite WLL is to provide every child in West Lothian with basic core swimming fundamentals and improved knowledge in basic water safety.

The good news is that your child's school has been selected for water-based assessments & fun sessions at your local Xcite venue. Using the National Framework, this will be a structured session, taking place during the school day, which is designed to provide the Xcite Coaching team with a snapshot of each child's swimming ability.

Your child's water-based assessment has been scheduled for the following:

Venue – West Calder High School    Date 20<sup>th</sup> April 2026      Day – Monday

- Class 1 12.30-13.15
- Class 2 13.15-14.00

Each child identified through this incentive will receive a **free 8-week block** of lessons in our Learn to Swim coaching programme at one of our local Xcite pools.

If upon completion of the initial assessments your child is identified as a potential beneficiary for attending further sessions, you will receive a letter from West Lothian Leisure via your child's school with more information on how to enroll for your **Free 8-week block** of lessons.

“Learning to swim is an important life-saving skill and is one of the best ways of keeping fit, healthy and having fun!”

Kind Regards,  
Xcite Coaching Team