



Livingston and West
Lothian

SUMMER HOCKEY



 **Wednesday evenings.**
Starting Wed 21st May

 **19:45 - 21:15**

 **Deans Community High
School, Livingston**

**New and existing
players welcome.**
Aged 14 +
Free for all!

 **Contact us on:**
Instagram:
@liviandwlhockeyclub
Facebook : Livingston
and West Lothian
Hockey Club





Ladies 1s:

- Play in East Division 2 - looking for promotion to East Div 1
- Players on the squad currently representing Scotland masters at various age categories
- Trained by Scotland Masters player
- Wednesday evenings 19:45-21:15 @ Deans CHS

Ladies 2s/Development:

- Play in East Development League
- Perfect for those returning to hockey after a break, or for wanting to try the sport for the first time!
- Always looking for new players!
- Wednesday evenings 18:30 - 20:00 @ Deans CHS



Mens:

- Play in East Div 3
- Players of various ages and abilities
- Always looking for new players to play lots of different positions
- Wednesday evenings 19:45 - 21:15 @ Deans CHS

Juniors:

- Open to children aged 8 - 14
- Open to those who have played previously or are entirely new to the sport
- We have hockey sticks of various sizes for those new to playing hockey
- First taster session FREE
- Wednesday evenings 18:30 - 20:00 @ Deans CHS



Flyerz:

- Flyerz hockey sessions are friendly, welcoming and inclusive for individuals with a variety of disabilities.
- Designed to meet the needs of all participants, using adapted and specialised equipment!
- Sundays 14:15-15:15 @ Deans CHS
- Please contact livifylerzhockey@gmail.com for more info!