

Learn To Swim Plus

What is Learn to Swim Plus

Xcite @ West Lothian Leisure has developed the Learn to Swim Plus programme in partnership with its main funding partner West Lothian Council. The model for delivery is aligned with Scottish Swimming's National Framework and ensures that all children within West Lothian primary schools are offered the opportunity to improve their knowledge, confidence, and awareness in the water whilst also learning basic safety skills.

We believe learning to swim is a life skill every child should be given fair and equitable access to, therefore our aim at Xcite WLL is to provide every child in West Lothian with basic core swimming fundamentals and improved knowledge in basic water safety.

The good news is that your child's school has been selected for water-based assessments & fun sessions at your local Xcite venue. Using the National Framework, this will be a structured session, taking place during the school day, which is designed to provide the Xcite Coaching team with a snapshot of each child's swimming ability.

Your School Water based assessment has been scheduled for the following.

Venue – West Calder High School

Date – 12th May

Day – Monday

Each child identified through this incentive will receive a **free 8-week block** of lessons in our Learn to Swim coaching programme at one of our local Xcite pools.

If upon completion of the initial assessments your child is identified as a potential beneficiary for attending further sessions, you will receive a letter from West Lothian Leisure via your child's school with more information on how to enroll for your **Free 8-week block** of lessons.

“Learning to swim is an important life-saving skill and is one of the best ways of keeping fit, healthy and having fun!”

Kind Regards,
Xcite Coaching Team