

Primary 1 Activity Placemat

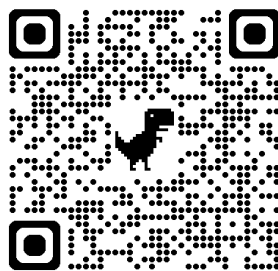
Eyebrow Exercises

Look in the mirror - what can you do with your eyebrows?

Make them go up?
Get them as close to your nose as possible?
Can you raise just one at a time?

'The Eyebrows of Doom

Listen to the story



What happens next?

The eyebrows end up on an octopus - what do you think he will get up to?

You could draw a picture, act it out or just tell someone about it!

Eyebrow emotions

Look at the pictures of faces looking surprised, angry, confused. What are the eyebrows doing?

Try adding eyebrows to the animal faces below them - how are the animals feeling now?

Spot the animals

How many different animals can you find in the book? Ask a grown up to write a list for you as you spot them.

Are any of them the same animals as in your other Bookbug books?

And after that?

What other creatures in the sea might end up with the eyebrows after the octopus?

Think about films or cartoons you know that are set under the sea (Disney's Little Mermaid, Octonauts)

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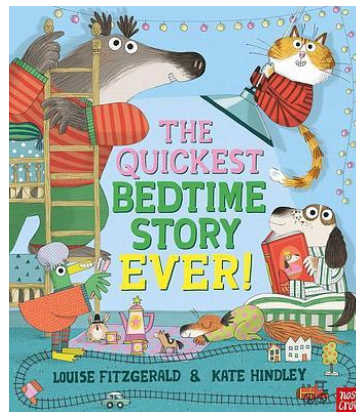
What time is bedtime?

Use the clocks template to show what time you go to bed.

Use the clocks around the side to help you.

'The Quickest Bedtime Story Ever'

Listen to the story



Bedtime routines

Spot the odd ones out in our bedtime routine puzzle.

Which things that you do before bed each night? Is there anything else you do that isn't in the pictures? You could draw it in the spare box.

Spot the animals

How many different animals can you find in the book? Ask a grown up to write a list for you as you spot them.

Are any of them the same animals as in your other Bookbug books?

Sorting things out

In the book, the animals sort out their toys:

- into a line from biggest to smallest
- into groups by colour or type

Do you have anything you could sort into groups?





Coorie Doon

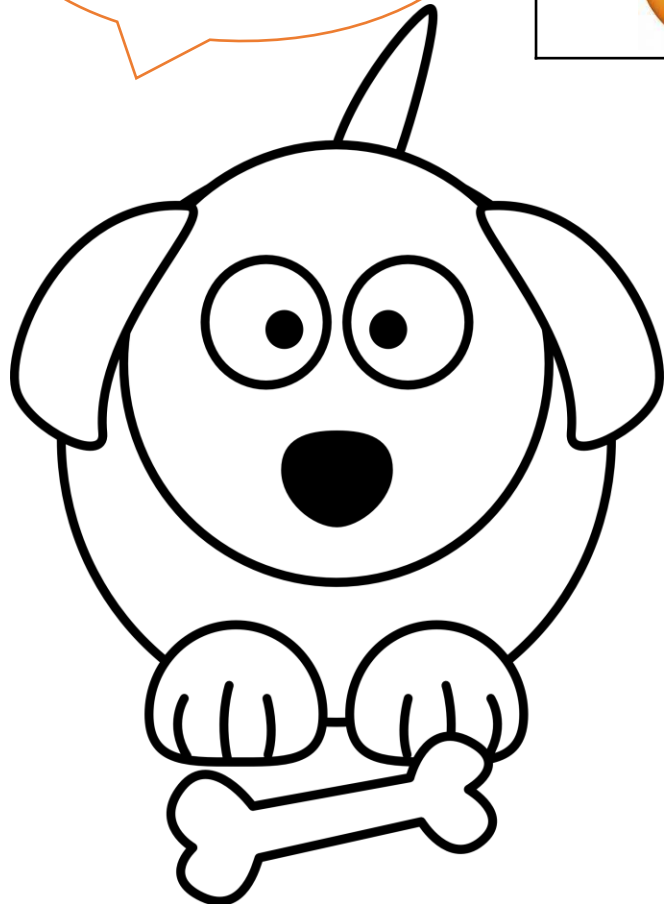


This phrase means get cosy in Scots - the animals in this story get all cosy and comfy before they go to sleep. Try listening to this lullaby to get in the bedtime mood.

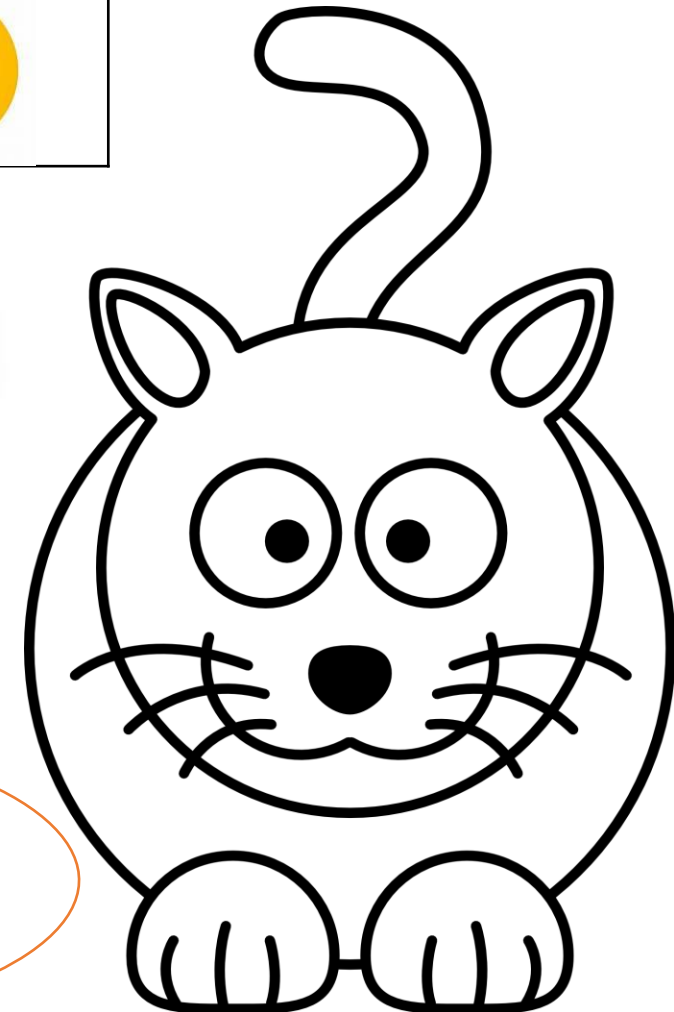
Eyebrow Emotions

Look at the eyebrows on these emojis.

surprised	angry	confused	sad
			

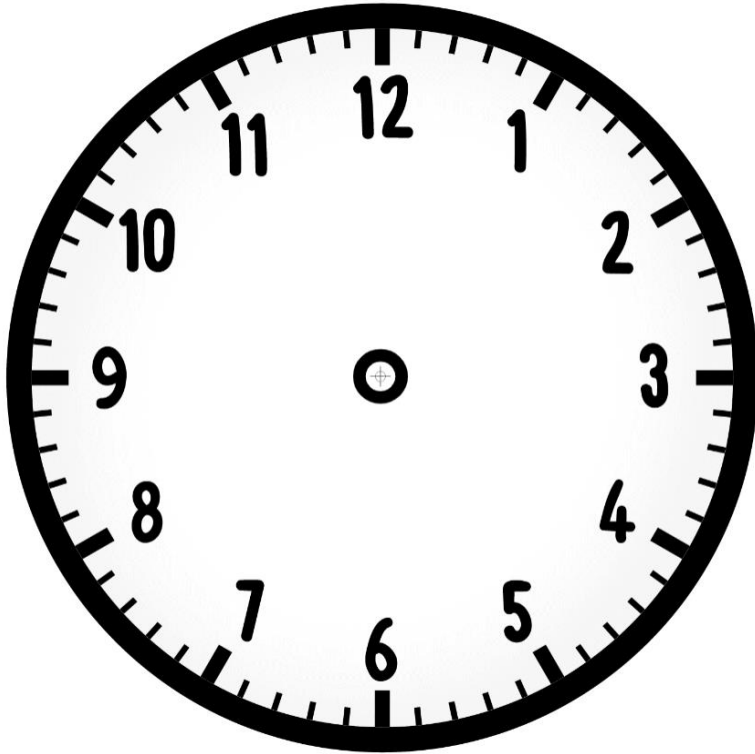


Give the animals some eyebrows to show how they feel! You can colour them in too.

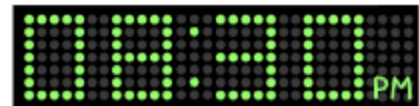
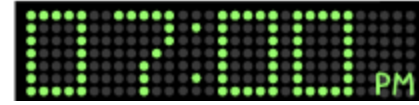


What time is bedtime?

Add your bedtime to the clock faces below. Use the clocks at the side to help you.
Can you match the times written below to the clocks at the sides?



eight o'clock	seven o'clock	half past six	half past seven	half past eight
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Bedtime Routines

- *Which of these things do you do before going to bed at night?*
- *Is there anything you do every night that isn't in a picture? You can draw it in the empty box below!*

